

# AMERICA'S HEALTH CRISIS

## Startling Statistics

- ◆ 1 out of 2 people in the U.S. will get heart disease – 720,000 deaths a year (1999) (1<sup>st</sup> heart disease diagnosed in 1910, virtually non-existent in traditional cultures)
  - ◆ 1 out of 3 people will get cancer – 529,000 deaths a year (1999) virtually non-existent in traditional cultures
  - ◆ Dental caries (cavities) is the number one disease of Americans, 98% of the population has this disease. In traditional cultures, 0-10% occurrence of caries.
  - ◆ 60% of American adults are overweight, 15% of children, ages 6 to 19, are overweight
  - ◆ 30% of American adults, **APPROXIMATELY 59 MILLION PEOPLE**, are obese
  - ◆ 1 out of 6 couples suffer from unexplained infertility
  - ◆ 159, 000 people died of strokes (1999)
  - ◆ Every year 798,000 NEW cases of diabetes are diagnosed – 62,000 die from it (1999)
  - ◆ Iatrogenic\* diseases are the **THIRD** leading cause of death (250,000 people a year, JAMA; July 2000) *\*iatrogenic- induced in a patient by a physician's activity, manner, or therapy used.*
  - ◆ 106,000 people die (yearly) from **non-error** negative reactions to prescription drugs (*this number is included in the iatrogenic caused death total*)
  - ◆ Over 62 million (62,000,000) people have digestive illnesses
  - ◆ 1 in 2 women and 1 in 4 men over 50 have Osteoporosis
- Out of 19 industrialized countries, America ranked:
- 15<sup>th</sup> for life expectancy
  - 1<sup>st</sup> in the incidence of cancer among men
  - 1<sup>st</sup> in the incidence of breast cancer
  - 1<sup>st</sup> in infant mortality, tied with 4 other countries
- ◆ America spends the most, **1.2 trillion** (1999) on *health care* (a misnomer) of any industrialized country
  - ◆ Life expectancy for an **ADULT** has only increased about 3 years in the past 100 years, but obviously, from the previous statistics, the QUALITY of life has drastically decline
  - ◆ On average, each person consumes over 150lbs of sugar a year (*15lbs a year in 1850*)

**DON'T BE ONE OF THESE STATISTICS**